



To: All Independent Living Residents  
From: Andrew Applegate, President and CEO  
Date: March 5, 2021  
RE: Modest re-opening steps

In light of the Governor's recent executive orders, nearly 100% of all residents having had their second vaccine for two weeks, and guidance from the Resident Council Officers, I am pleased to share some changes to the safety protocols that have been in place for nearly a year.

*These changes are predicated on infection rates remaining the same or decreasing. Should there be changes in state policy, please know that the Resident Council leadership and I may decide to curtail some or all of the following.*

Additionally, the Resident Council leadership and I agree that the relaxing of some of our restrictions is limited to residents only. Volunteers, including entertainers, will remain restricted at this time. Our commitment is to re-evaluate this restriction in the next couple of months. Additionally, the limit on number of visitors to your homes, two in apartments and four in houses, will not change. The changes listed below are effective Monday, March 8, 2021.

### **Changes to Restrictions**

**In-person Meetings:** Resident organized events, Resident Council committee meetings and other such activities will now be permitted in Piner Hall and the Corpening multi-purpose room. The capacity limit for Piner Hall will be 25 and the limit for the Corpening multi-purpose room is 20. The Berrier Conference Room will be available up to 6 individuals.

**Overnight Guests:** Approved guests will be permitted to stay with you overnight. Please be sure to update your approved guest list by notifying the Welcome Center at extension 1205. Also, be sure to notify Security prior to their arrival. The guest apartments will remain closed for the time being.

**All Guests:** Guests will not be permitted to utilize common areas including dining facilities and/or the Tomlinson Wellness Center. Meals can be ordered for pick-up or delivery through the normal process. The use of outdoor space is permissible.

**Aldersgate Entrance:** The entry and exit lanes at the Aldersgate entrance will be available to residents only. This will be easiest way for residents to enter the community without needing to be screened at the Welcome Center.

**Tomlinson Wellness Center:** No scheduling will be necessary to utilize any of the amenities within the building. Access will be residents only and you must use your key fob to gain access.

As before the Wellness Center will be available 24 hours per day, seven days per week. The dressing rooms will also be open. As always, please follow our community policy of not exercising or swimming alone. The following limitations will be posted:

Equipment:

- Six people at a time may be on equipment at any one time
- Three people on the track at a given time

Pool:

- Six people at a time may use the exercise pool
- Two people may use the lap pool at the same time
- A maximum of two in the hot tub

Please be sure to sanitize before and after use of equipment.

**Exercise Classes:** We will recommence in person exercise classes. Space is limited. Reservations for spaces may be made on Wellzesta or by contacting Suzy Vaile, ext. 1227. Please be on the lookout for schedules.

**Garden of Peace:** Ash scattering ceremonies can now be scheduled through Spiritual Arts. Services will not have a limit, however masking will be required and non-residents will only be permitted to enter the community to participate in the service and then will need to exit the community. If you would like to make arrangements for a service, please contact Bert Sanders at [bsanders@arboracres.org](mailto:bsanders@arboracres.org) or extension 1590.

**Art Studio:** The studio will be open to a maximum of eight and classes can commence with those restrictions.

**Dining:** Based on health department current standards and our own judgement, dining will now permit 50% of licensed capacity with a maximum of eight people at the large round tables.

*In all the situations listed above, masking, social distancing and good hand washing practices are required except when partaking of a meal or in the pool.*

**What is not permitted:**

- The hosting of external groups, including entertainers and volunteers
- The use of common areas by approved guests.

While modest, the Resident Council leadership and I hope that this easing of restrictions is only a taste of what is come. While we are hopeful we cannot afford to let our guard down when we are so close to end of the race! We will continue to monitor the situation and keep you informed about other changes as they are warranted.

Should you have questions need clarification regarding a situation, please contact Ken Boyles at [kboyles@arboracres.org](mailto:kboyles@arboracres.org) or extension 1419. You can also reach out to me at [aapplegate@arboracres.org](mailto:aapplegate@arboracres.org) or extension 1216.