

Sunday	Monday	Tuesday	Wednesday	Thursday <i>Name Tag Day</i>	Friday	Saturday
<h1>May 2021 Retirement Center</h1>						1 <i>May Day, Kentucky Derby</i> 3:00 Open Games (MPR)
2	3 <i>RSVP Thomas Garden Tour</i> <u>1:00 Shopping Cloverdale (FL)</u> Sharps and Flats (PH) 1:30-2:30 1st Rehearsal 2:45-3:45 2nd Rehearsal	4 <i>RSVP Reynolda Exhibit 5/11</i> <u>10:00 Thomas Garden Tour (FL)</u> 7:00 Opera Duet (Piner Hall, Livestream TV 1390) Flutists, Lissie and Peter Shanahan	5 <i>Cinco de Mayo!</i> <i>RSVP Farmer's Market</i> 2:30-3pm Snack Attack: Guacamole and Chips (Book Nook) 5:00 Vespers (PH)	6 <i>RSVP PICNIC BOX LUCNH 5/12</i> 10:00 Town Hall (Livestreamed from PH on TV 1390) 2:00 Bingo (Livestreamed from PH on TV 1390) 3:00-4:00 Stitch & Chat (LR)	7 <u>9:30 Piedmont Triad Farmer's Market trip (FL)</u> 2:00 Movie: Breakfast at Tiffany's (PH) 4:30-6 Happy Hour (Book Nook)	8 3:00 Open Games (MPR)
9 <i>Happy Mother's Day</i>	10 11:00 Mindful Mondays (Fit Terrace) <u>1:00 Shopping Cloverdale (FL)</u> Sharps and Flats (PH) 1:30-2:30 1st Rehearsal 2:45-3:45 2nd Rehearsal	11 <u>9:30 Reynolda House Exhibit (FL)</u> 4:00 Trivia (Book Nook) 7:00 Virtual Concert: The Piatigorsky Foundation: Piano and Cello (TV 1390 and Wellzesta)	12 <i>RSVP Farmer's Market</i> 12-1 Picnic Day—TWICE THE FUN/ TWO LOCATIONS! (Berrier Parking Lot, Womble Terrace) 5:00 Vespers (PH)	13 <i>National Hummus Day!</i> 1:00 WFU Speaker, Dr. Mustapha Ezzeddine (PH) 3:00 Cooking Demo: Humus Recipe (PH and TV 1390) 3:30 Pick up samples in Book Nook	14 <u>9:30 Piedmont Triad Farmer's Market trip (FL)</u> 2:00 Movie: You've Got Mail (PH) 4:30-6 Happy Hour (Book Nook) 5:00-6:00 Carolina Duo (Book Nook)	15 3:00 Open Games (MPR)
16 Spring Croquet Tournament May 18—May 21	17 <u>1:00 Shopping Cloverdale (FL)</u> 2:00 Cellist Jack Sweeney (TV 1390) Sharps and Flats (PH) 1:30-2:30 1st Rehearsal 2:45-3:45 2nd Rehearsal	18 2:30-3:00 Snack Attack: Strawberry Shortcake (Book Nook) 7:00 <i>Jazz Classique, (Piner Hall and Livestream on TV 1390)</i>	19 <i>RSVP Farmer's Market</i> <i>RSVP WARHOL/ Hickory Art Museum 6/1</i> <i>RSVP BOX LUNCH 5/27 and Hot dog cook out 5/28</i> 2:00 Cellist Jack Sweeney (TV 1390) 3:00 National Salad Day! How to make a Healthier Salad w/ Alice (PH and Livestreamed on TV 1390)	20 <i>8, 12, 3, 8 Campus Times</i> 11:30 Centenary Senior Adult Program: Bobby Kimbrough, Sherriff of Forsyth Co (Zoom) 2:00 Bingo (Livestreamed from PH on TV 1390) 5:30-7:30 Grill'n and Chill'n (Womble Terrace) w/ Joe Daniels Duo, Urban Standard Jazz	21 <u>9:30 Piedmont Triad Farmer's Market trip (FL)</u> 2:00 Movie: Country Girl (PH) 4:30-6 Happy Hour (Book Nook)	22 3:00 Open Games (MPR)
23 Camp Arbor Acres May 24th– 28th See CAMP SCHEDULE for SPECIAL CAMP EVENTS!	 24 <u>9:00 Quarry Park (Front Lobby)</u> 11:00 Mindful Mondays (Fit Terrace) <u>1:00 Shopping Cloverdale (FL)</u> Sharps and Flats (PH) 1:30-2:30 1st Rehearsal 2:45-3:45 2nd Rehearsal 3:30 Crafts w/ Janice (Womble Terrace) 7:00 Sunset Reflection (TV1390)	25 11:30 Games w/ Chaplains (MPR) 1:30 Crafts w/ Janice (Womble Terrace) 3:30 Drum Circle (Piner Hall) Outdoor Movie: Mad Money 103 min. Gates open at 7:45pm/ movie begins Sunset (Berrier Parking Lot)	26 <i>9:00 Senior Games Croquet (CC)</i> 9:00 Bird Walk Bianca's Garden (Berrier Entrance to ride Golf cart) 11:00 Flower Arranging (Womble Terr.) 2:00 Getting to know: Becky and Frank Wyatt (PH and Livestreamed on TV 1390) 3:00-3:30 Root Beer/Coke Floats (Book Nook) 5:00 Vespers (PH)	27 10-3 Labyrinth (PH) 10:00 Outdoor Games (TWC Terrace) 11:00 Jolly Volley 12:00 Box Lunch (TWC Terrace) 2:00 Crafts w/ Janice (WT) 3:00 Women's Circle (MPR) 3:30-4:00 Novelty Ice Cream (Book Nook) Outdoor Movie RAIN DATE!	28 11:30 Scavenger Sheets due 12:00 Names Drawn/Winners Announced (WT) 12-1 Hot Dog Cook Out (WT) 1-3 Kona Ice Truck (WT) 1-3 Yard Games (WT) 2:00 Movie: <i>A Beautiful Day in the Neighborhood</i> (PH) 109 min. 4:30-6 Happy Hour (Book Nook)	29 3:00 Open Games (MPR)
30	 31 <i>Memorial Day!</i> Sharps and Flats (PH) 1:30-2:30 1st Rehearsal 2:45-3:45 2nd Rehearsal 3:00 Sharps and Flats Singalong (TV 1390)	Look AHEAD: June 1 9:30am –4:30pm Hickory Art Museum Works by Warhol! RSVP deadline 5/19	Watch for details regarding a possible Strawberry Order from Mabe's Berries &/or Crossnore !			Janice Lutz-Vanhoy, Coordinator Wellness Arts 1240 Arbor Rd. Winston-Salem, NC 27104 336-748-4646 jlutzvanhoy@arboracres.org

ARBOR ACRES

Please refer to the Lamplighter & Wellzesta for event details, and updates.
 Programs subject to change after calendar has printed.

