



To: Arbor Acres Residents, Families, Guests and Staff
From: Andrew Applegate, President/CEO
Re: Additional COVID-19 Guidance
Date: August 3, 2021

Yesterday I had the opportunity to meet with the Resident Council Advisory Committee on COVID-19 to discuss what appropriate steps Arbor Acres could take to protect residents, staff and guests as the Delta variant continues to spread. This group of residents, which includes several physicians, reviewed my recent staff mask mandate and the announcement that we would now require all staff to be vaccinated by October 31, 2021. In reviewing the current trends and input from the health department and Wake Forest Baptist Hospital, we all agreed that *our greatest risk is bringing COVID-19, unknowingly, on to campus*. Since the Delta variant has proven to use fully vaccinated individuals as hosts to spread the infection, residents, staff and guests who have been vaccinated still pose a serious risk, vaccinated or not. Because of this risk, the committee agreed that each of us needs to take appropriate precautions whether on campus or out in the community, to protect ourselves, our fellow residents and staff.

Based on our discussion, and with the full support of the Resident Advisory Committee on COVID-19, the following requirements will go into effect on **August 4, 2021 at 6:00 a.m.** You may, of course, implement them earlier if you are able:

- Residents, regardless of vaccination status, will be required to wear masks in common areas, including hallways, meeting rooms, etc. until further notice. This includes all areas of the Tomlinson Wellness Center, including the pool. If your mask gets wet while in the pool, you can exit the pool or better yet, have an extra on hand so that you can continue to participate.
- All guests must abide by the same requirements listed above.
- Guests may continue to join you in the dining rooms; however, you and your guests must remain masked upon entering the building, going to your table and when conversing. Masks may only be removed while eating.
- While we cannot monitor what happens in your home, we highly discourage you from permitting non-vaccinated people into your living space, private or public.
- Please recognize that when you step off campus, you are at higher risk of exposure and thus increase the chance that you will bring the virus back to where you live. PLEASE wear a mask in public when you go shopping, etc.
- Masks are not required outside. When walking, playing croquet or engaged in other outside activities, social distancing is still appropriate.

Over the coming days you will begin to see additional signage return campus which I hope will serve as a reminder to you and your guests of these requirements.

I know it is easy to get discouraged as we return to some of the practices we thought we had left behind. I recommend that you turn your attention away from the inconvenience and focus on hope, which is that learned capacity to suffer wisely, calmly and generously. In spite of the difficulties, we have so much for which to be grateful, even in troubled times.