



LampLighter



LIVE & LEARN PRESENTS

HOW THREE WOMEN OVERCAME CHALLENGES TO REALIZE THEIR DREAMS FOR DOWNTOWN

Tuesday, January 18, 4:00 PM, Piner Hall

Downtown Winston-Salem has grown into a thriving hub of activity thanks to a commitment on the part of city officials to redevelop and revitalize the downtown area and create a unique urban experience that attracts visitors, city-dwellers, entrepreneurs and businesses.

Many people have played important roles in the evolution of downtown Winston-Salem. Three women in particular took a chance by investing in their individual dreams to help transform the landscape of the downtown area. Live and Learn is honored to welcome these ladies.

Each speaker has a unique story to tell:



Kathleen Barnes, owner of **Sixth and Vine restaurant**, started in the restaurant business with her ex-husband. After five years, she took over the

operations completely and in February will celebrate 17 years of successful cuisine.



Lawren Desai, executive director and curator of **a/perture cinema**, will share her journey of transforming the once-defunct Montaldo's downtown

store into a multi-screen, successful independent film venue.

Jamie Rogers Southern,

executive director of **Bookmarks**, a non-profit organization, will discuss how she transformed a small, independent bookstore into a community haven for booklovers, book festival followers and more!

You don't want to miss these passionate entrepreneurial women talk about the risks they took to make their dreams a reality.

Please join us on Tuesday, January 18 at 4:00 PM in Piner Hall!



Welcome Newcomers!

Thomas “Tom” & Nancy Cannon

630 Cokesbury

Wendy Carney

415 Womble

Philip & Mary Martha McKinley

519 Strawbridge

John & Grace McKinnon

604 Cokesbury

January Events

Saturday, January 1

2:00 PM

Saturday Afternoon Matinée

Piner Hall

To Catch a Thief

(1955) (PG) A retired jewel thief sets out to prove his innocence after being suspected of returning to his former occupation. Starring Cary Grant and Grace Kelly. (106 minutes).

Tuesday, January 4

10:00 AM

Town Hall

Piner Hall and TV 1390

The Lost

7:00 PM

The Lost River Bluegrass Band

Piner Hall

The Lost River Bluegrass Band returns!

Thursday, January 6

1:00 PM

Wondrium Presentation: *Becoming Cary Grant*

Piner Hall

For the first time one of Hollywood's greatest stars tells his own story, in his own words in this documentary from 2017. From a childhood of poverty to global fame, Cary Grant, the ultimate self-made star, explores his own screen image and what it took to create it. (85 minutes).

Christmas Undecorating

January 3–7

Please contact Janice if you can lend a helping hand. Please have all decorations put away by January 7.

January is Cary Grant Month

Join us as we screen a documentary and some of Cary Grant's most popular movies in Piner Hall!

Tuesday Matinée, 2:00 PM

January 25 *An Affair to Remember*

Thursday Special, 1:00 PM

January 6 Wondrium: *Becoming Cary Grant*

Friday Matineés, 1:00 PM

January 7 *Bringing Up Baby*

January 21 *An Affair to Remember*

January 28 *Topper*

Saturday Matineés, 2:00 PM

January 1 *To Catch a Thief*

January 8 *Father Goose*

January 15 *North by Northwest*

January 22 *That Touch of Mink*

January 29 *Houseboat*

Caremerge Questions?

Please contact Janice (ext. 1266) or Suzy (ext. 1227) to make an appointment for your Caremerge questions. Also, drop by with Paul Armstrong Thursdays in the Living Room from 9:00-11:00 AM.

Friday, January 7

10:30 AM—Leaving Corpening Rotunda
Destination Walk
Reynolda Village Trail

Let's head to Reynolda Village and walk the Village Trail together, enjoying the fresh air and nature together. Call Suzy at ext. 1227 with questions.

1:00 PM
Friday Afternoon Matinée
Piner Hall

Bringing up Baby

(1938) (Passed) While trying to secure a \$1 million donation for his museum, a befuddled paleontologist is pursued by a flighty and often irritating heiress and her pet leopard, Baby. Starring Cary Grant and Katherine Hepburn. (102 minutes).

4:00 PM
Art Reception with Janice Carter
Galleria Outside of Piner Hall

Join resident artist Janice Carter as she shares her artwork which will be on display through February.

Saturday, January 8

2:00 PM
Saturday Afternoon Matinée
Piner Hall

Father Goose

(1964) (Approved) During World War II, a man persuaded to live on an isolated island and spot aircraft finds himself responsible for a teacher and several students, all female. Starring Cary Grant and Leslie Caron. (118 minutes).

Sunday, January 9

2:15 PM—Leaving Berrier Front Lobby
3:00 PM—Program Begins
Winston-Salem Symphony
Stevens Center

Transportation for ticket holders at a cost of \$8.00, which will be charged to your account. RSVP by January 1. We will no longer provide Saturday night transportation.

Monday, January 10

3:45 PM—Leaving Berrier Front Lobby
Undesign the Redline Exhibit
Forsyth County Central Library

The interactive curriculum explores the history of racism and inequality, reflecting how these concepts were compounded by and reflected in 1938 redlining maps, including Winston-Salem's own redlining history. Come learn more about how and why our own city's physical layout evolved in the way it did. RSVP by January 5. Free. Must have five for the event to occur.

Tuesday, January 11

7:00 PM
Anamika Band
Piner Hall

Anamika is a Jazz/Fusion Trio from Winston-Salem composed of talented music school graduates and aficionados. Truly a band of virtuosos that are known for delivering unforgettable performances, you will not want to miss it!

Shopping Tuesdays

1:00 PM—Leaving Berrier Front Lobby

We will shop at Thruway Center on Tuesday, January 25. All other Tuesday shopping trips in January will be to Cloverdale. Please let Janice know your thoughts on the addition of Thruway to our shopping schedule. RSVP via Caremerge, or with Janice or Annie.

Wednesday, January 12

1:00 PM

Wondrium:

Jack London: An American Adventure, Part 1
Piner Hall

The most ambitious biography ever made about the “master of adventure”. To commemorate his 100th death anniversary, this documentary unfolds his outstanding fate and how it reflects a turning point in American history, as Jack London participated in all its major political, cultural and social evolutions. (50 minutes).

7:00 PM

White Elephant Bingo

Multipurpose Room, 3rd Floor Corpening

Did you get a gift at Christmas that just isn't you, but would be a treasure for someone else? Bring your used but like-new or new items that you would like to donate, and we will use them for Bingo Prizes during our White Elephant bingo on January 12. Bring prizes the night of January 12 to Multi-purpose room or drop off in Janice's office by noon on Wednesday, January 12. Items left after the White Elephant bingo will be paid forward to Goodwill.

Thursday, January 13

12:00 PM

Ladies Chat

Gathering Place

We'll enjoy lunch and hear about opportunities to help in our community. The menu is quiche, salad, and soup. Cost is \$15.00 and will be billed to your account. Call Suzy at ext. 1227 with questions. RSVP via Caremerge by January 10.

Thursday, January 13 (cont.)

12:00 PM

Men's Club Luncheon

Guest Speaker: Jean Sherrill
Piner Hall

Jean Sherrill will discuss the history of Mt Vernon and the work of the Mt. Vernon Ladies Association. RSVP by January 10.

Friday, January 14

11:00 AM

Fred Moyer Trio

Piner Hall

Like other small jazz ensembles, the trio performs its own arrangements of standards from the great American Songbook. But what sets it apart from all others is its note-for-note transcriptions of great jazz trio performances from the past. Fred and friends painstakingly transcribe every note of favorite historic recordings, and then bring the resulting scores to life. The result is a swinging celebration of the best in jazz, delighting both classical music lovers and long-time jazz enthusiasts. Get a preview here: <https://www.youtube.com/watch?v=eY9PKPC7VY>

7:00 PM

Movie & Commentary with Matt

Piner Hall

The Call of the Wild

(2020) (PG) Set during the 1890s Klondike Gold Rush, the film follows a dog stolen from his home in California and sent to the Yukon, where he befriends an outdoorsman and begins a life-altering adventure. Stars Harrison Ford. Trailer: <https://www.youtube.com/watch?v=5P8R2zAhEwg>

We Remember



Rhodena Cromer

February 2, 1928–November 23, 2021

Virginia Schafer

December 9, 1935–November 25, 2021

Dr. Thomas Milner, III

February 9, 1942–December 4, 2021

Betty Richardson

October 1, 1921–December 4, 2021

Saturday, January 15

2:00 PM

Saturday Afternoon Matinée
Piner Hall

North by Northwest

(1959) (Approved) A New York City advertising executive goes on the run after being mistaken for a government agent by a group of foreign spies, and falls for a woman whose loyalties he begins to doubt. Starring Cary Grant, Eva Marie Saint and James Mason in the Alfred Hitchcock classic. (136 minutes).

6:30 PM—Leaving Berrier Front Lobby

7:30 PM—Program Begins

The Kruger Brothers

Willingham Theatre, Yadkinville

This event was originally scheduled for August 2020 and was rescheduled due to COVID 19. The list of current ticket holders is on Caremerge.

Monday, January 17

Martin Luther King, Jr. Day



Tuesday, January 18

4:00 PM

Live and Learn Presents

Realizing Their Dreams for Downtown

Piner Hall

See details on front page. This event will NOT be livestreamed on TV 1390.

Wednesday, January 19

11:00 AM

Face to Face with Wake Forest University
Piner Hall

The Face to Face Speaker Forum at Wake Forest University is proud to host Yo-Yo Ma on February 16, 2022 at the LJVM Coliseum. Yo-Yo Ma is a multiple Grammy award-winning cellist, Cultural Ambassador, and United Nations Messenger of Peace. Join Sue Henderson, Executive Director of the Face to Face Speaker Forum at Wake Forest University, as she shares the details of the program, and this upcoming program.

1:00 PM

Wondrium:

Jack London: An American Adventure, Part 2

Piner Hall

See details at Tuesday, January 12.

3:00 PM

Scarf Tying with Dagmar Cosby

Piner Hall

Graphic artist Dagmar Cosby will show us how to tie beautiful scarves. Bring a scarf with you to practice with as she leads us through a variety of beautiful wearable styles. That scarf that especially gives you trouble? Definitely bring it!

Thursday, January 20

1:00 PM

Volunteer Fair

Piner Hall

Come hear from fellow residents who are volunteering in the community share their experiences and opportunities. If you are willing to be a presenter to share info, please contact Janice. You may wish to invite someone from the agency you volunteer with to come join us that day. Questions? Call Janice at ext. #1266 or 336-748-4646. January is Vocational Wellness month. Serving others as a volunteer is a wonderful way to use your vocational skills and share your gifts with others.

Thursday, January 20 (cont.)

7:00 PM

**Zoom Guest Speaker, Author Michelle Gillespie
Piner Hall**

We will gather in Piner Hall to watch this Zoom session with author of the book *Katherine and R.J. Reynolds, Partners of Fortune in the New South* in this Junior League Sustainers' program that we have been invited to join.

Friday, January 21

5:00 PM

Trivia

Book Nook

Join Dining Arts as they lead this fun session.

Saturday, January 22

2:00 PM

Saturday Afternoon Matinée

Piner Hall

That Touch of Mink

(1962) (Approved) A rich businessman and a young woman are attracted to each other, but he only wants an affair while she wants to save herself for marriage. Starring Cary Grant and Doris Day. (99 minutes).

Monday, January 24

9:00 AM—Library Outreach Book Drop-Off

10:00 AM—Pick-Up

Billiards Area, Library Outreach Cart

Remember to contact Jina at the Library with your book selections for her to bring.



Tuesday, January 25

2:00 PM

Tuesday Afternoon Matinée

Piner Hall

An Affair to Remember

(1957) (Not Rated) A couple falls in love and agrees to meet in six months at the Empire State Building - but will it happen? Starring Cary Grant and Deborah Kerr. (115 minutes).

7:00 PM

UNCSA School of Music Concert

Piner Hall

The program will feature Ida Bieler (violin) and Dmitri Vorobiev (piano) from the faculty, and many talented students including Cristian Makhuli, who was recently heard at Arbor Acres during the piano concert. This program will also serve as a prelude to the new and exciting Chamber Music Festival at UNCSA which will take place in March.

Wednesday, January 26

2:00 PM

Book Chat: *The Giver of Stars*

Piner Hall, TV 1390

From the author of *Me Before You*, Jojo Moyes, this novel is based on a true story set in Depression-era America and follows five extraordinary women and their remarkable journey through the mountains of Kentucky and beyond. Funny, heartbreaking, enthralling, it is a richly rewarding novel of women's friendship, true love, and what happens when we reach beyond our grasp.

3:00 PM

Afternoon Tea

Book Nook

You are invited to what will be our first of hopefully many Afternoon Tea events. A collaboration between Wellness and Dining Arts, you are sure to have a wonderful time and experience many exciting taste sensations.

January Birthdays

	RESIDENTS	EMPLOYEES
1 st		Erika Macias
2 nd	Ann Timmons	
3 rd	Patricia Lewis	
4 th		Chanda Johnson Shari Miles Martha Murphy Roger Robinson
5 th	Ruth Fincher Judy Hartsfield	
6 th	Bill Sayers Harry Underwood	Sharmaine Aiken Angela Cooper Joseph Gilmartin
8 th	Peggy Burgess Nancy Hall Tom Lambeth	Christy Cunningham Savannah Edwards Max Taylor
9 th	Frank Christovich Dottie Lesniak Anne Walker Bill Young	
10 th	Kay Chalk	
11 th	Betsy Bronson Ginny Dossinger Judy Hardy	
12 th	Archie Allen Bill Satterwhite Jan Shepherd	Ricanandez Douthit
13 th	Martha Chamberlain Joyce Neely	

	RESIDENTS	EMPLOYEES
14 th	Tom Cannon	Suzanne Canter
15 th	Betty Earle Pat Toole	
16 th	Martha Kirby Sue Warf Frank Wyatt	
17 th	Pasquale Nardo	Annie Lawson
18 th		Amanda Cleary
19 th	Rose Ellen Bowen Barbara Shull	Andrew Applegate Kelvin Green
20 th	Nancy Cannon	Suzanne Dieffenderfer Christopher Wharton
21 st		Heidi Malecki
22 nd	John Gates Ruth Hill	
23 rd	Mary Ruth Dobbins	Christa Roseboro Sharon Taylor
24 th		Fredricka Martin Abigail McBride Christopher West
25 th	Julie Moore Mark Rucker	
26 th	Barry Lewis	Mickey Altice
27 th	Betty Whiteheart Tom Williamson	
28 th	Dale Cline Bill Pfefferkorn	Rex Brown Natalie Mills Melanie Yandell
29 th	Mildred Lasecki	Barbara White
30 th		Lindsey Barlow Gregory Demchak Lisa Meeuwen
31 st	Aubrey Kirby	

Thursday, January 27

6:45 PM—Leaving Berrier Front Lobby

7:00 PM—Doors Open

7:30 PM—Program Begins

WFU Secrest Artists Series: Apollo's Fire

Wait Chapel, Wake Forest University

The concert honors the 50th anniversary of the acquisition of Wake Forest's Casa Artom, the University's study abroad home in Venice, Italy, and will feature early-music chamber orchestra conducted by Wake Forest alumna Jeannette Sorrell. The program showcases concertos for multiple instruments by Bach and Vivaldi. RSVP by January 6. Cost is \$18.00. Must have 10 for event to make.

Friday, January 28

1:30z PM—Leaving Berrier Front Lobby

Salt Therapy Wellness Zone & Relaxation Station

Enjoy the benefits of Himalayan salt while relaxing in zero gravity chairs, followed by hot Tibetan tea. Call Suzy at ext. 1227 with questions. RSVP via Caremerge.

Continued on page 8

January Dining

Friday, January 28 (cont.)

1:00 PM

Friday Afternoon Matinée

Piner Hall

Topper

(1937) (Passed) A fun-loving couple, finding that they died and are now ghosts, decide to shake up the stuffy lifestyle of a friend of theirs. Starring Cary Grant and Constance Bennett. (97 minutes).

4:00 PM

Happy Hour with Pianist Skin James

Piner Hall (Arbor Acres Lounge)

Join Jazz and Blues Pianist Skin James and his wife, Tammy, this afternoon and enjoy the ambiance of the Arbor Acres Lounge, aka Piner Hall, You'll enjoy hot jazz and soothing blues numbers while sipping on your favorite wine, beer or non-alcoholic beverage and specialty appetizers. This is a wonderful opportunity to mix and mingle with other Arbor Acres residents, as well as advantage and wait list participants. Come get to know more of our Arbor Acres family.

Saturday, January 29

2:00 PM

Saturday Afternoon Matinée

Piner Hall

Houseboat

(1958) (Unrated) A widower, his three young children, and a bombshell nanny get to know each other better when circumstances have them living together aboard a badly neglected houseboat. Starring Cary Grant and Sophia Loren. (110 minutes).

New Year's Day Dinner

Saturday, January 1, 5:00–7:00 PM

Lakeside Dining Room, \$25.00/person

Enjoy traditional Southern New Year's favorites including Roast Pork, Collard Greens & Black-Eyed Peas. The Dining Arts Department would like to wish the entire Arbor Acres community peace and prosperity in the year to come.

Look Ahead

Tuesday, February 15

3:00 PM

Fashion Plates and Tea Cups

Piner Hall

Join us for an afternoon of fashion and friendship while sipping tea! Come dressed to the nines in an outfit that has been sitting in your closet since you moved to Arbor Acres! Check your closets and drawers (or your neighbor's!) for the perfect outfit and accessorize to create your look. Invite friends and neighbors to join in! Do you have an outfit that you'd love to share or don't have an outfit of your own? Contact Janice—she will create a list of available outfits by size so that everyone can participate. RSVP to attend by February 7.

Christmas Undecorating

January 2–7

Please have all decorations put away by January 7. Janice needs help undecorating trees, picking up decorative items, repacking the Thomas Kincaid nativity outside and the Salem Village in Womble Lobby. Please let her know when you are available to help and which project you would like to help with.



Lamplighter is published monthly by
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The online version of *Lamplighter* is available at www.arboracres.org and via Caremerge.

Questions? Contact Janice Lutz-Vanhoy,
Wellness Arts Coordinator, at 336-748-4646
or jlutzvanhoy@arboracres.org



HAPPY NEW YEAR



JANUARY 2022		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meeting Places PH Piner Hall WC Wellness Center MPR Multi-purpose room 3 Corpening BFL Berrier Front Lobby RH Robinson Hall LR Living Room PH, Piner Hall and TV 1390 1390 G Galleria outside of Piner Hall BN Book Nook GP Gathering Place OC Outreach Cart- Billiards area PDR Private Dining Room	Jan 30 10:00a Worship RH 11:05a Worship in Piner Hall PH	Jan 31 11:30a Private Tai Chi Class-signup required by 01/03 WC 01:30p Sharps and Flats PH 07:00p Monday Night CARDS MPR						01 All Day January is Cary Grant Month 02:00p Movie: To Catch a Thief PH 03:00p Board Games MPR 07:00p Great Courses MPR
	02 All Day January is Cary Grant Month 10:00a Worship RH 11:05a Worship in Piner Hall PH	03 All Day January is Cary Grant Month All Day Undecorating, Lend a Helping Hand! 01:30p Sharps and Flats PH 07:00p Monday Night CARDS MPR	04 All Day Undecorating, Lend a Helping Hand! 01:00p *Shopping at Cloverdale BFL 07:00p Lost River Bluegrass Band PH	05 All Day RSVP deadline UNdesign the Redline All Day Undecorating, Lend a Helping Hand! 05:00p Vespers PH	06 All Day Undecorating, Lend a Helping Hand! 09:00a Computer Q & A LR 10:00a Town Hall PH, 1390 01:00p Wondrium- Cary Grant Documentary PH	07 All Day Undecorating, Lend a Helping Hand! 10:30a Reynolda Trail Walk w/ Suzy BFL 01:00p Movie: Bringing up Baby PH 02:00p Bible Study MPR 04:00p Art Reception: Janice Carter G 04:30p Carolina Duo in Concert LR 04:30p Happy Hour BN	08 02:00p Movie: Father Goose PH 03:00p Board Games MPR 07:00p Great Courses MPR	
	09 10:00a Worship RH 11:05a Worship in Piner Hall PH 02:15p * begins 3pm WS BFL Symphony- Stevens Center	10 11:30a Private Tai Chi Class-signup required by 01/03 WC 01:30p Sharps and Flats PH 03:45p *UNdesign the Redline Exhibit, Central Library BFL 07:00p Monday Night CARDS MPR	11 01:00p *Shopping at Cloverdale BFL 07:00p Anamika Jazz and Fusion Trio PH, 1390	12 01:00p Wondrium: Jack London, Part 1 PH 05:00p Vespers PH 07:00p White Elephant Bingo! MPR	13 09:00a Computer Q & A LR 12:00p Men's Club- Ms. Jean Sherrill, Mt Vernon PH 12:00p Ladies Chat Lunch GP	14 11:00a Fred Moyer Trio PH 02:00p Bible Study MPR 04:30p Happy Hour BN 07:00p Movie & Commentary w/ Matt, The Call of the Wild PH	15 02:00p Movie: North by Northwest PH 03:00p Board Games MPR 06:30p * CLOSED! 7:30pm The Kruger Brothers, Willingham Theatre BFL 07:00p Great Courses MPR	
	16 10:00a Worship RH 11:05a Worship in Piner Hall PH	17 All Day Martin Luther King, Jr. Day 11:30a Private Tai Chi Class-signup required by 01/03 WC 01:30p Sharps and Flats PH 07:00p Monday Night CARDS MPR	18 01:00p *Shopping at Cloverdale BFL 04:00p Live and Learn PH	19 11:00a WFU Face -to-Face Speaker PH 01:00p Wondrium: Jack London, Part 2 PH 03:00p Scarf Tying w/ Dagmar Cosby PH 05:00p Vespers PH	20 09:00a Computer Q & A LR 01:00p Volunteer Fair PH 07:00p Zoom w/ Author Michelle Gillespie, The Reynolds PH	21 02:00p Bible Study MPR 04:30p Happy Hour BN 05:00p Trivia w/ Dining Arts BN	22 02:00p Movie: That Touch of Mink PH 03:00p Board Games MPR 07:00p Great Courses MPR	
23 10:00a Worship RH 11:05a Worship in Piner Hall PH	24 09:00a Library Outreach- Drop off, 10am Pick up OC 11:30a Private Tai Chi Class-signup required by 01/03 WC 01:30p Sharps and Flats PH 07:00p Monday Night CARDS MPR	25 01:00p *Shopping at Thruway BFL 02:00p Movie: An Affair to Remember PH 07:00p UNCSCA Musical Program PH, 1390	26 02:00p Book Chat: The Giver of Stars PH, 1390 03:00p Arbor Acres Afternoon Tea BN 05:00p Vespers PH 07:00p Bingo MPR	27 09:00a Computer Q & A LR 12:00p Men's Fellowship Lunch PDR 03:00p Construction Town Hall PH, 1390 06:45p 7:30pm WFU SECREST Series: Apollo Fire BFL	28 01:00p Movie: Topper PH 01:30p Salt Therapy Wellness Zone & Relaxation Station BFL 02:00p Bible Study MPR 04:00p Happy Hour w/ Pianist Skin James PH 04:30p Happy Hour BN	29 02:00p Movie: Houseboat PH 03:00p Board Games MPR 07:00p Great Courses MPR		

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